



HEALTHY WORKPLACES SUMMIT 2025

Safe and healthy work in the digital age

AI-driven systems for improving workers' health and safety in light of the AI Act

Stefania Marassi

**Senior Lecturer in Labour Law and Researcher at the Smart Sensor Systems Research Group,
The Hague University of Applied Sciences**



Agenda

1. Introduction
2. AI Act and AI-driven OSH systems
3. The interplay between AI Act, GDPR and EU OSH legislation
4. Key takeaways for stakeholders
5. Concluding remarks

Introduction

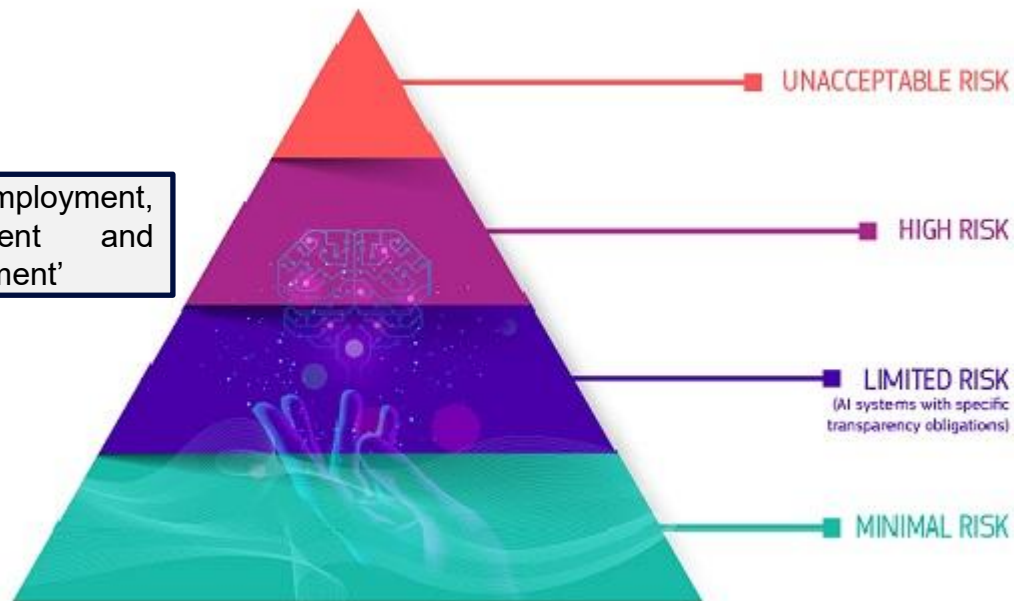
AI-driven OSH systems

- ❑ **Wearables, exoskeletons, smart robots** ...
- ❑ **Opportunities** for safeguarding workplace health and safety
- ❑ **Challenges and risks** for the respect of workers' fundamental rights

AI Act

- ❑ **Harmonize rules** concerning the design, development, and use of **AI systems** in the European market
- ❑ Tech **innovation** vs. **health, safety, European Union's values and fundamental rights** > **Human-centric and trustworthy AI**
- ❑ **Risk-based** approach

Introduction



E.g., AI systems in 'Employment, workers' management and access to self-employment'

E.g., AI Emotion recognition technologies in the workplace

Source: <https://digital-strategy.ec.europa.eu/en/policies/regulatory-framework-ai>

AI Act and AI-driven OSH systems

“The following AI practices shall be prohibited [...]:



UNACCEPTABLE RISK

(f) the placing on the market, the putting into service for this specific purpose, or the use of **AI systems to infer emotions of a natural person in the areas of workplace** and education institutions, **except** where the use of the AI system is intended to be put in place or into the market **for medical or safety reasons;** (Article 5(1)(f) AI Act)

AI Act and AI-driven OSH systems

Definition of AI Emotion recognition technologies

“an AI system for the purpose of identifying or inferring **emotions or intentions** of natural persons on the basis of their **biometric data**” (Article 3(39) AI Act)

- **Emotions or intentions:** e.g., happiness, sadness, anger

- **Biometric data**



AI Act and AI-driven OSH systems

Examples of different AI technologies:

- software for speech and facial recognition and analysis, wearables (e.g., smart earbuds)
- etc...

(Potential) Applications:

- selection of personnel
- evaluation of employee engagement, performance, and monitoring
- **AND monitoring and improving workers' safety, health, and well-being ...**



AI Act and AI-driven OSH systems

AI-driven OSH systems that could qualify as AI emotion recognition systems under the AI Act

- **Neurotechnologies** used to track **workers' cognitive stress**
- **Wearables** to monitor workers' physiological parameters that are indicators of **stress** > **workplace wellness programs**



AI Act and AI-driven OSH systems

Outside the scope of the prohibition

AI systems that infer emotions **not based on biometric data**

E.g., inferring emotions from **workplace written communication**

AI systems that infer **physical states** (e.g., fatigue and pain; stress?)

E.g., **neurotechnologies, AI-powered cameras, and smart wearable (textile) for fatigue detection**

AI systems that only detect **'readily apparent expressions, gestures or movements'** (e.g., smiles)

Boundaries between **emotion recognition** vs. **expression recognition?**



"Emirates A380 and Dubai" by [Frans Zwart](#) is licensed under [CC BY-NC-ND 2.0](#).

AI Act and AI-driven OSH systems

“The following AI practices shall be prohibited [...]:

(f) the placing on the market, the putting into service for this specific purpose, or the use of AI systems to infer emotions of a natural person in the areas of workplace and education institutions, **except where the use of the AI system is intended to be put in place or into the market for medical or safety reasons;**” (Article 5(1)(f) AI Act)

- **Case-by-case assessment**
- Must be **interpreted narrowly**
- Examples of **factors** to be considered:
 - Is AI emotion recognition **necessary** to protect workers' health and safety?
 - Are there **less intrusive means** to reach the same purpose?
 - Are there **adequate safeguards** in place?

AI Act and AI-driven OSH systems

High-risk AI

When the exception is not applicable	When the exception is likely applicable
<p>General stress monitoring & detection of general aspects of well-being and mental health</p> <ul style="list-style-type: none">▪ E.g., measure workers' stress (e.g., in office settings) in the context of corporate wellness initiatives	<p>'Safety': protection of life and health, not other employers' interests</p> <ul style="list-style-type: none">▪ monitoring stress levels of workers who operate dangerous machines or deal with dangerous chemicals (Commission guidelines on prohibited practices)▪ monitor stress levels in safety-critical professions and sectors (e.g., transportation, construction, and first responders)

AI Act and AI-driven OSH systems

HIGH RISK AI SYSTEMS



1. High-risk systems: **AI systems that are safety components of products** (e.g., personal protective equipment, machinery, toys) **or are themselves a product**

- 'Product' in the product safety legislation listed in the AI Act (e.g., PPE Regulation and Machinery Regulation)
- Third-party conformity assessment
- ❑ Smart Personal Protective Equipment
- ❑ Smart Machineries (e.g., cobots, robots, unmanned aerial vehicles)



"Drone 2" by Michael Khor is licensed under [CC BY 2.0](#).



AI Act and AI-driven OSH systems

2. High-risk systems: **Standalone systems**

- ❑ AI Emotion recognition technologies (e.g., those falling under the exception ‘for medical or safety reasons)
- ❑ AI systems in ‘Employment, workers’ management and access to self-employment’, intended to be used:
 - For the **recruitment and selection** of personnel;
 - to **make decisions that affect terms of work-related relationships**, the promotion or termination of work-related contractual relationships, **to allocate tasks** based on individual behavior or personal traits or characteristics, or **to monitor and evaluate workers’ performance and behavior**.

AI Act and AI-driven OSH systems

- ❑ To what extent do AI-driven OSH systems fall under the high-risk category ‘Employment, workers’ management and access to self-employment’?
 - ‘**Intended purpose**’ in the AI Act > **no explicit reference** to OSH-related purpose in this high risk category
 - AI systems that are intended to safeguard workers’ health and safety (e.g., wearable with safety warnings) via, for instance, allocating tasks based on the individual characteristics or monitoring workers’ behaviour > included?

Wearable heat strain monitoring	AI-powered cameras that identify risky driving behaviours
	

AI Act, GDPR, and EU OSH legislation

- ❑ The AI Act acts as **complementary** legislation to other European and national legislation
- ❑ **EU-OSH framework**
 - ❑ **No shift** in OSH responsibility
 - ❑ **Risk assessment** also for AI-driven OSH systems
 - ❑ AI-driven OSH systems integrated into the **existing company's OSH management systems**
 - ❑ **Information and consultation rights** (also in AI Act)
- ❑ **GDPR:** compliance with data protection principles (e.g., purpose limitation), necessity, proportionality

Key takeaways for stakeholders

Scientific (organizational, OSH, and legal) research

- ❑ Application of the AI Act to AI-driven OSH systems
- ❑ Interplay between the AI Act and other legislations (e.g., data protection, OSH)

EU policy

- ❑ Further clarity and guidance on, e.g.,
 - Distinction between ‘emotions or intentions’ and ‘physical states’
 - Application of the AI high-risk category to AI-driven OSH systems

Employers, workers (and their representatives), and OSH professionals

- ❑ Grey areas, ambiguities, layers of regulation > compliance risks
- ❑ Practical implementation of information and consultation rights
- ❑ How to integrate AI-driven OSH systems in an existing company’s OSH management system

Concluding remarks

1. AI Act will **restrict the entry into the market and use of several AI emotion recognition technologies**, also some of those intended for OSH-related purposes (e.g., general stress monitoring)
2. **Ambiguities and lack of clear boundaries** (e.g., emotions vs physical states) > may put breaks on tech innovation in the field > **compliance risks**
3. Exception 'for medical or safety reasons' and exclusion of physical states from the definition of emotion recognition > **open doors** for further development and use of **innovative AI-driven OSH systems** (e.g., neurotechnologies)
4. **Multi-layered regulatory framework** > careful consideration before designing, developing, and using AI-driven OSH systems
 - **New Directive on Algorithmic Management** on the horizon > emotion recognition and neurosurveillance